



Competition invitation

Summer Biathlon

October 17 & 18 2026

Centre de biathlon Myriam-Bédard

Registration starts on September 21, 2026, on Zone 4

<https://zone4.ca/register.asp?id=42625>

To: All members of the Biathlon clubs in Canada and the United States

From: Fédération québécoise de biathlon (FQB)

OBJET: COMPETITION INVITATION for October 17 and 18, 2026

SPRINT AND INDIVIDUAL ROLLER SKI EVENTS:

Men, Women

Men Junior, Women Junior

Men Youth, Women Youth

Boy's seniors U-17, Girl's seniors U-17

Boy's seniors U-17 prone, Girl's seniors U-17 prone

Boy's Juniors U-15 prone, Girl's Juniors U-15 prone

The Quebec Biathlon Federation welcomes you to the Myriam Bédard Center located at the Valcartier military base.

The detailed schedule of the event is available further on in this document. The sprint race is on Saturday and the individual race on Sunday.

Competition committee:

Competition chief: Normand Gonthier (International referee)
Competition secretary: Donald Villeneuve (Canadian technical delegate)
Technical Delegate: Jean-Pierre Turcotte (Canadian technical delegate)

Contact point :

Donald Villeneuve: donville@videotron.ca 418-933-8175
Normand Gonthier: normandgonthier@gmail.com 581-998-1142

Location

The Myriam-Bédard Biathlon Center is located in the recreational area of the Valcartier garrison. It's only 29 km from downtown Quebec City to the garrison. The course used for the events will be given to all competitors when they arrive.

Access to the base:

Please note that the base has tightened security measures. When you are at the guardhouse, just say that you are going to the biathlon center and follow the instructions of the guard. An ID may be requested for each person in the vehicle, and if you are given an entry document, you will need to show it at the same place when leaving the base.

ELIGIBILITY FOR THE COMPETITION AND TECHNICAL INFORMATION

Competitors from all divisions that are members of Biathlon Canada and Biathlon USA will be eligible to participate. Competitors must be ready to show a membership card or otherwise prove their membership for the current year as part of the event registration process.

Teams and individual competitors from outside Canada must declare their rifles at the Canadian border, complete the necessary paperwork, and pay any required fees when bringing rifles and ammunition into Canada. Please check the Royal Canadian Mounted Police website and the RCMP form 5589e (rcmp-grc.gc.ca) for access to the Non-Resident Firearms Declaration.

For Canadian citizens, it is mandatory that all athletes have in their possession and be able to show on request their firearms possession and acquisition license or their minor license, issued by the Government of Canada. Every competitor must be a registered member of Biathlon Canada or their Federation.

The IBU Competition Rules and the North American Organizing Policy will be in effect at this event, Roller Ski Biathlon

Competitors need to bring their own roller skis with bindings, ski boots, poles, and helmets. For some categories, the FQB's ski fleet can be used, and everything will be confirmed during the coaches' meeting.

Note: The rifles will not be carried during the event.

The pickup procedure will be explained at the coaches' meeting. Helmets are mandatory and must be worn whenever athletes are using roller skis, including during warm-ups, sighting shots, and competition. Helmets must not be modified and must be made by a certified manufacturer and approved by the TD for the event.

Registration

The online registration period on Zone4 starts on **September 21, 2026**, and ends on **October 12, 2026**, at 12:00.

<https://zone4.ca/register.asp?id=42625>

Payment must be made by credit card (Visa or Master) and processing fees apply.

All competitors **MUST** be members of their division or their state/nation for the 2026-2027 season. Proof of membership is required to participate.

Enter the member number in the membership field (USBA competitors can enter 'USBA' in the membership field).

Registration fees

Categories	1 Competition	2 Competitions
Senior (Men & Women)	40.00\$	70.00\$
Junior (Men & Women)	40.00\$	70.00\$
Youth (Men & Women)	40.00\$	70.00\$
U17 (Boy Sr / Girl Sr)	40.00\$	70.00\$
U17 (Boy Sr / Girl Sr) (.22) prone	40.00\$	70.00\$
U15 (Boy Jr / Girl Jr) .22 prone	40.00\$	70.00\$

Note: A \$3.50 fee is added for using chips.

Events:

Categories	SPRINT			INDIVIDUAL		
	Saturday October 17 2026			Sunday October 18 2026		
	Distance	Tir	Penalties	Distance	Tir	penalties
Men	7.4 km	CD	25 sec.	11.9 km	CDCD	45 sec
Men Juniors	7.4 km	CD	25 sec.	11.9 km	CDCD	45 sec
Men Youth	7.4 km	CD	25 sec.	11.9 km	CDCD	45 sec
Women	7.4 km	CD	25 sec.	11.9 km	CDCD	45 sec
Women Junior	7.4 km	CD	25 sec.	11.9 km	CDCD	45 sec
Women Youth	7.4 km	CD	25 sec.	11.9 km	CDCD	45 sec
Boys Senior U17	4.8 km	CD	25 sec	6.8 km	CDCD	45 sec
Girls Senior U17	4.8 km	CD	25 sec	6.8 km	CDCD	45 sec
Boys Senior U17 (.22) prone	4.8 km	CD	25 sec	6.8 km	CDCD	45 sec
Girls Senior U17 (.22) prone	4.8 km	CD	25 sec	6.8 km	CDCD	45 sec
Boys Junior U15 (.22) prone	4.8 km	CD	25 sec	6.8 km	CDCD	45 sec
Girls Junior U15 (.22) prone	4.8 km	CD	25 sec	6.8 km	CDCD	45 sec

Shooting range procedures

Competitors who carry their rifles during the competition or take them from the racks before shooting, as well as coaches and staff handling rifles, must have their PAL or minor's license with them and be able to show it on request, and follow Canadian firearms laws.

Competitors in the U17 prone and U15 prone categories won't need a minor's permit. After skiing a loop of the course, their rifles will be brought to them on their mat by a coach for each shooting session. In this process, the rifles will be placed on the mat by a coach, with the barrel pointing at the targets, or handed directly to the athlete once they are settled on the mat. Unless lanes are assigned to specific athletes, rifles should not be placed on a mat before the athlete is in view of the coach on the firing range. The rifle loading and shooting procedures must be carried out entirely unassisted by the competitor. Each time they come to the shooting range, once the last shot has been fired, the competitor must open the bolt and lay the rifle down on the shooting mat, barrel pointing toward the targets, before leaving the range.

SANCTION

The competitions for the 2026-2027 season are sanctioned by Biathlon Canada and the FQB and are covered by their insurance.

Event schedule

(to be confirmed at the coaches' meeting depending on the number of registrations)

Thursday October 15 20h00	Virtual coach meeting Link will be transmitted by « REMIND »
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Saturday October 17	
11h30	Bib available au secretariat office
12h00	Zeroing
13h00	Sprint
15h00	Medals ceremony

Sunday October 18	
08h30	Bib available au secretariat office
09h00	Zeroing
10h00	Individual
12h00	Medals ceremony

NOTES

The starting order of the competitor categories will be decided after registrations and will be shared during the coaches' meeting.

The organizing committee may change the start times depending on the registrations.

Event canceled or postponed: the organizing committee reserves the right to keep all or part of the registration fees to cover expenses incurred.

COMPETITION JURY

Technical delegate	Jean-Pierre Turcotte
Competition chief	Normand Gonthier
Chief of trails	Lise Le Guellec
2 coaches	To be elected at the virtual coach

APPEL JURY

According to FQB's policies.

Protest

Protests will be prepared and submitted to the competition secretariat according to IBU regulations.

A \$50.00 deposit will be required when submitting the protest.

The deposit will be refunded for any protest upheld by the competition jury.

Medals

Medals will be awarded to the top three in each of the open categories

COMMUNICATIONS DURING THE EVENT

The app '**Remind**', which is free, uses text messages and will also be used during the competition to share relevant information like documents for coaches, preliminary results, final results, jury decisions, schedule changes, etc.

We have 2 classes for the 2026-2027 season, one that is reserved for coaches and another that you can share with athletes and parents. Since we need to have a limit on the number of participants for REMIND classes, a check will be done.

Note: if you were registered during the 2025-2026 season, you are automatically registered for the 2026-2027 season, so there's no need to sign up again.

For the coaches' class, please follow the information in the PDF file attached to this invitation:

Sign up for important updates from Biathlon Estrie, D. Villeneuve, D.Villeneuve, Julie Dyke, and N.

Get information for **CQ2026-2027 COACH** right on your phone—not on handouts.

Pick a way to receive messages for **CQ2026-2027 COACH**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/224fa7

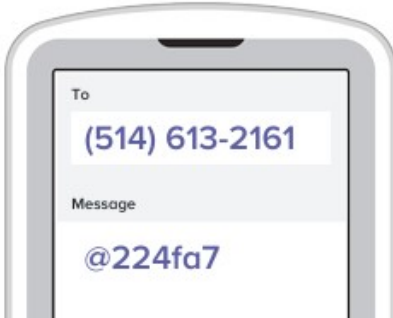
Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@224fa7](https://rmd.at/224fa7) to the number (514) 613-2161.

* Standard text message rates apply.



Don't have a mobile phone? Go to rmd.at/224fa7 on a desktop computer to sign up for email notifications.

For the class reserved for athletes and parents, please follow the information in the PDF file attached to this invitation

Sign up for important updates from Biathlon Estrie, D. Villeneuve, D.Villeneuve, and Julie Dyke.

Get information for CQ2026-2027 Athletes-parent right on your phone—not on handouts.

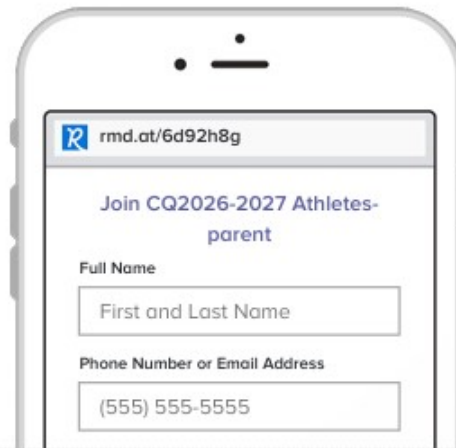
Pick a way to receive messages for CQ2026-2027 Athletes-parent:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/6d92h8g

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message @6d92h8g to the number (514) 613-2161.

* Standard text message rates apply.



Don't have a mobile phone? Go to rmd.at/6d92h8g on a desktop computer to sign up for email notifications.

LOGISTIC:

Accommodations

A few suggestions of hotels in the vicinity of Quebec City:

- ❑ **Hotels Jaro:** 6 hotels à Québec. www.hotelsjaro.com
- ❑ **Best Western Premier – Hôtel l'Aristocrate:** 3100 chemin Saint-Louis, Québec, QC G1W 1R8, 418 653-2841 <http://www.hotelaristocrate.com>
- ❑ **Grand Times Hotel:** 5100, boulevard des Galeries, Québec, QC, G2K 2M1
<http://www.timeshotel.ca> reservation@timeshotel.ca
- ❑ **Hôtels et Suites Normandin:** 2 hôtels à Québec. www.hotelnormandin.com
Information : info@hotelnormandin.com
- ❑ **Auberge La Seigneurie de la Valcartier:** 53, 5e Avenue, St-Gabriel-de-Valcartier, G0A 4S0.
<http://www.laseigneurie.com>, 418 844 3166, 1 877 264 3166
- ❑ **Hotel Cofortel:** 6500, boulevard Wilfrid-Hamel, Québec, QC, G2E 2S1 1-800-363-7440
<http://www.cofortel.com>
- ❑ **Hotel Universel:** 2300, chemin Ste-Foy, Québec, QC, G1V 1S5 418-653-5250 // 1-800-463-4495 <http://hoteluniversel.qc.ca>
- ❑ **Office du tourisme de Québec:** <http://www.quebecregion.com/fr/hotels/>

Meals

Please note that the kitchen on the base (Building 510) Garrison Valcartier will be closed between December 17 until January 4th inclusively. Tickets will be available at the entrance after this date. Quebec area does have several different restaurants near the hotels or the base Valcartier.

WAX ROOMS:

The waxing room building is located next to the fart test area and the biathlon stadium.

The rate is \$30 per day per cubicle. The required deposit is \$100 (cash) to obtain the key and the difference will be given to you upon return of the key. The number of athletes will determine the allocation of the room. From Friday to Sunday the total is \$90.

Reservation of wax room

Send an email to Donald Villeneuve at donville@videotron.ca with your request indicating the number of athletes, staff and time and date of arrival. We will do our best to support you.

Payment for cubicles

You can pay by bank transfer to Donald Villeneuve at donville@videotron.ca.

As a question: What is our sport? Answer: Biathlon

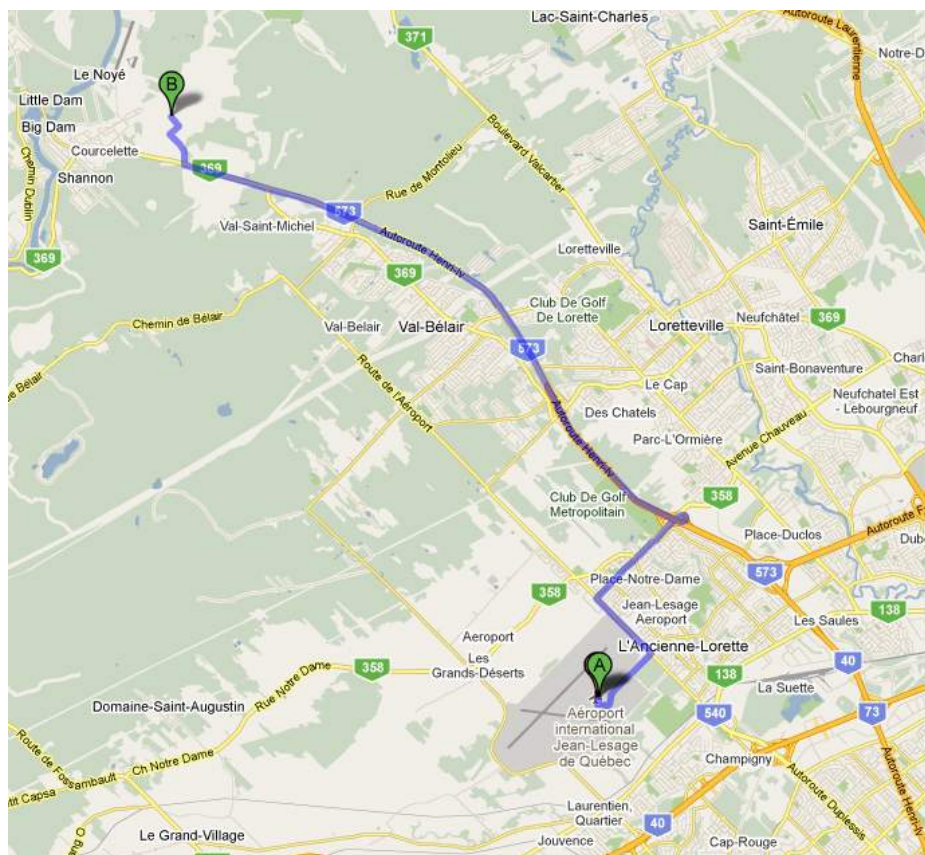
COURSE MAPS:

Course Maps will be provided upon arrival and are available here under

ACCES TO GARRISON Valcartier

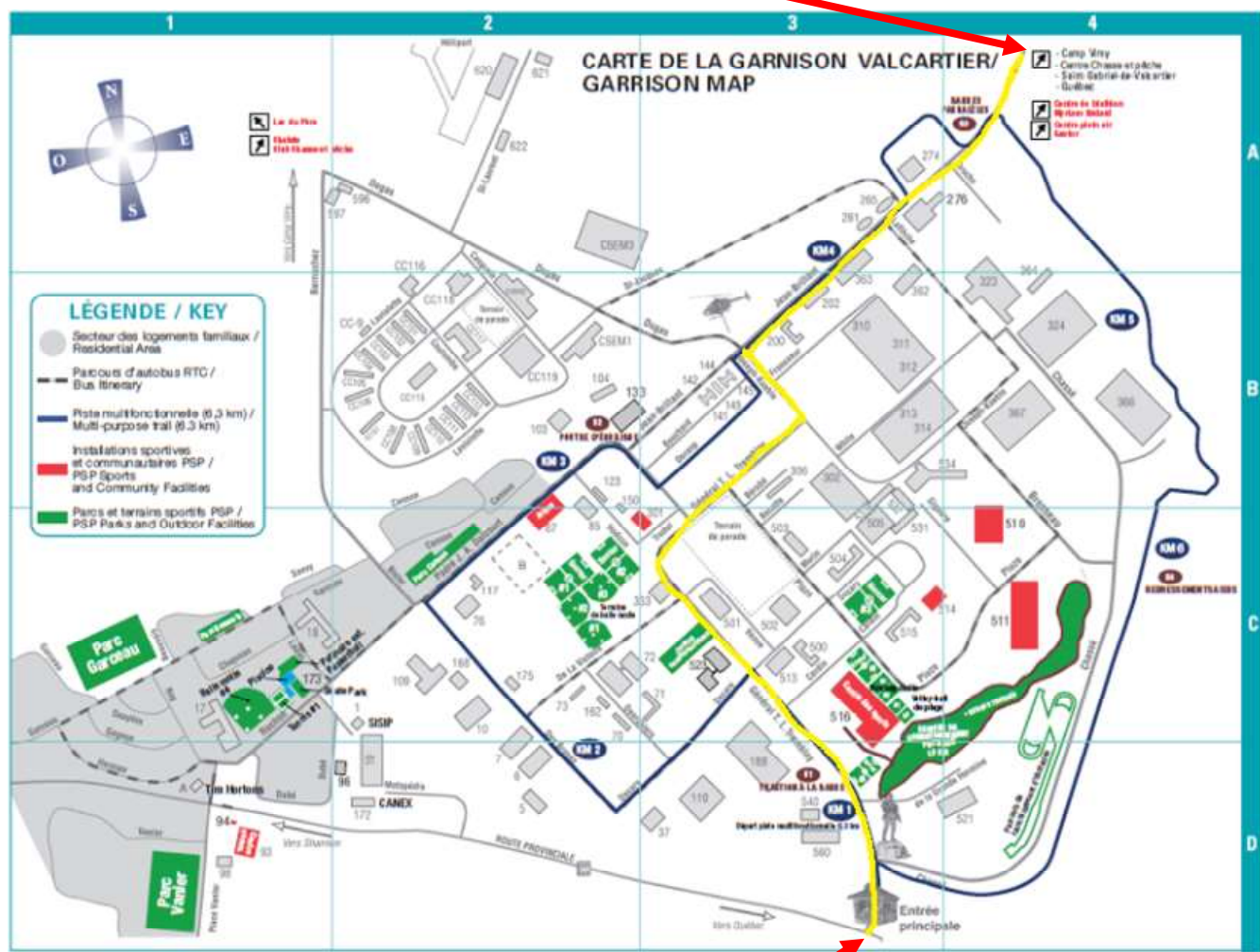
Directions – Aéroport international Jean-Lesage à la Garrison Valcartier

To access the Valcartier Garrison, from the Trans-Canada (Highway 20), the Pierre-Laporte Bridge must be taken, followed by highways 73 North, 573 North and 369 North. From the Jean- Lesage International Airport, the attached map provides directions to Valcartier.



VALCARTIER GARRISON ACCESS AND BIATHLON CENTRE ROUTE 369 NORTH

Centre Biathlon / Biathlon Center



Entrée Grn Valcartier (route 369 Nord)
Valcartier Entrance (Route 369 North)

jaune / Yellow – 2.9 Km



Rouge / Red – 1.6 km



Verte / Green – 1 km



Jaune / Yellow – 2.9 km

Rouge / Red – 1.6 km

Verte / Green – 1 km

