



BIATHLON EASTERN REGIONAL CUP



19-21 JANUARY 2024



JANUARY 20 SHORT INDIVIDUAL

JANUARY 21 MASS START

Organizing Committee

Contact Information

Logistics Office: Contact **Pat Theriault** at theriault.pat@gmail.com

Technical questions: Contact **Carl Theriault** at carlther17@gmail.com

RULES

The Current IBU event and competition rules will be in effect for the event. Any modifications to the rules will be discussed at the Team Captain's Meeting.

ELIGIBILITY

Any member of USBA or Biathlon Canada in good standing may participate in this event. Please have current registration card or number at registration on zone4.ca.

ENTRY

Fees: One (1) competition: U17 and under USD **\$25**; All other classes USD **\$35**

Two (2) competitions: U17 and under **\$50**; All other classes USD **\$70**

Deadline: All entries must be received by **1900 EST on Wednesday, January 17**

***No same day registrations will be accepted.**

RESULTS

Start lists and Results will be found on: fkocresults.com

RELEASE OF LIABILITY

The organizer shall not be held liable for any accidents and/or damages caused to persons or materials/equipment. By submitting the entry form the competitor confirms that they are medically fit to compete and possess sufficient health accident and liability insurance (in accordance with paragraph 1.5.1.2 of IBU Event and Competition Rules).

REGISTRATION

Online Registration link: <https://zone4.ca>

TRAIL PASSES

Trail passes are required for unofficial training outside of the competition schedule for \$10 per day.

WAX ROOMS

Wax Rooms are available for \$50 per day. To reserve a Wax Room, please select a room during your registration.

COMPETITION SCHEDULE

Competition timing and schedule are subject to change based on registration numbers in different classes. A detailed program will be provided at the Team Captain's Meeting

DATE	TIME	EVENT
Friday, January 19	1200-1600	Official Training
	1630	Team Captain's meeting at Lodge / Zoom link for registered coaches
Saturday, January 20 Short Individual Race	0800	Competition Office open for bib pick-up
	0800-0850	Equipment check
	0900-0950	Zero
	1000	Race start-Short Individual
	1200	Awards
Sunday, January 21	0800	Competition Office open for bib pick-up
	0800-0850	Equipment check
	0900-0950	Zero
	1000	Race start-Mass Start
	1200	Awards

COMPETITION CLASSES

IBU CLASS	RACE TYPE SHORT INDIVIDUAL	COURSE	SHOOT- ING	PENALTY	RACE TYPE MASS START	COURSE	SHOOT- ING	PENALTY	RIFLE
MEN	15 km	3 km	PSPS	45 sec	12.5 km	2.5 km	PPSS	150 M	CARRY
WOMEN	12.5 km	2.5 km	PSPS	45 sec	10 km	2 km	PPSS	150 M	CARRY
JR MEN	12.5 km	2.5 km	PSPS	45 sec	10 km	2 km	PPSS	150 M	CARRY
JR WOMEN	10 km	2 km	PSPS	45 sec	7.5 km	1.5 km	PPSS	150 M	CARRY
YOUTH WOMEN	10 km	2 km	PSPS	45 sec	7.5 km	1.5 km	PPSS	150 M	CARRY
YOUTH WOMEN	7.5 km	1.5 km	PSPS	45 sec	5 km	1 km	PPSS	150 M	CARRY
MASTER MEN	10 km	2 km	PSPS	45 sec	7.5 km	1.5 km	PPSS	150 M	CARRY
MASTER WOMEN	10 km	2 km	PSPS	45 sec	7.5 km	1.5 km	PPSS	150 M	CARRY
U17 B/G	7.5 km	1.5 km	PSPS	45 sec	5 km	1 km	PPSS	75 M	RACK TO RACK
*U13/15 NO SUPPORT	5 km	1.0 km	PPPP	30 sec	5 km	1 km	PPPP	75 M	RACK TO RACK
*U13/15 BLOCK	5 km	1.0 km	PPPP	30 sec	5 km	1 km	PPPP	75 M	ON MAT

*U13/15 Classes - All will be shooting from prone position
 - 2 targets will be set to prone
 - 2 targets will be set to standing